

Instructions for use

- This pack contains 10 cards, which is enough for use with a class of 30
- Print pages 2-4 on A4 and cut out each card
- During the activity, hand out 1 per group in readiness for discussion

Disclaimer: This content is for general information purposes only, and should not be used as a substitute for consultation with professional advisors. Information available here is not to be relied upon as professional advice or for the rendering of professional services.

Certain links in this Site connect to other Web Sites maintained by third parties over whom PricewaterhouseCoopers LLP has no control. PricewaterhouseCoopers LLP makes no representations as to the accuracy or any other aspect of information contained in other Web Sites. © 2022 PricewaterhouseCoopers LLP (a UK limited liability partnership). All rights reserved. 'PwC' refers to the UK member firm, and may sometimes refer to the PwC network. Each member firm is a separate legal entity. Please see www.pwc.com/structure for further details.

TEAM

GOOD COMPANY

**SELF
AWARENESS**

ACCEPTANCE

BOUNDARIES

SILENCE

**SELF CARE
HABITS**

POSSIBILITIES?

**OUT OF YOUR
HEAD**

NO ANSWER